

Term	EYFS			Term	KS1 Year 1&2			
	Module	Unit	Session		Module	Unit	Session	
Autumn 15 Wks	1	1 Created and Loved by God	Unit 1: Religious Understanding	Session 1: Handmade with love	1	1 Created and Loved by God	Unit 1: Religious Understanding	Session 1: Let the children come
	2	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 1: I am me	2	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 1: I am unique
	3	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 2: Head, shoulders, knees and toes	3	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 2: Girls and boys
	4	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 3: Ready Teddy?	4	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 3: Clean and healthy
	5	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 1: I like, you like, we all like!	5	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 1: Feelings, likes and dislikes
	6	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 2: All the feelings!	6	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 2: Feelings inside out
	7	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 3: Let's get real	7	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 3: Super Susie gets angry
	8	1 Created and Loved by God	Unit 4: Life Cycles	Session 1: Growing up	8	1 Created and Loved by God	Unit 4: Life Cycle	Session 1: The cycle of life
	9	1 Created and Loved by God	Unit 4: Life Cycles	Session 2: New People, New places	9	1 Created and Loved by God	Unit 4: Life Cycle	Session 2: Beginnings and endings
	10				10	1 Created and Loved by God	Unit 4: Life Cycle	Session 3: Change is all around
	11				11	Sheffield Scheme	H20. about change and loss	Fa2) Do families always stay the same?
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Spring 12 Wks	1	2 Created to Love Others	Unit 1: Religious Understanding	Session 1: Role Model	1	2 Created to Love Others	Unit 1: Religious Understanding	Session 1: God loves you
	2	2 Created to Love Others	Unit 2: Personal Relationships	Session 1: Who's who?	2	2 Created to Love Others	Unit 2: Personal Relationships	Session 1: Special people
	3	2 Created to Love Others	Unit 2: Personal Relationships	Session 2: You've got a friend in me	3	2 Created to Love Others	Unit 2: Personal Relationships	Session 2: Threat others well...
	4	2 Created to Love Others	Unit 2: Personal Relationships	Session 3: Forever friends	4	2 Created to Love Others	Unit 2: Personal Relationships	Session 3: ... and say sorry
	5	2 Created to Love Others	Unit 3: Life online	Session 1: What is the internet?	5	2 Created to Love Others	Unit 3: Life Online	Session 1: Real life online
	6	2 Created to Love Others	Unit 3: Life online	Session 2: Playing online	6	2 Created to Love Others	Unit 3: Life Online	Session 2: Rules to help us
	7	2 Created to Love Others	Unit 4: Keeping Safe	Session 1: Safe inside and out	7	Sheffield Scheme	R15. how to respond safely to adults they don't know	Os3) Online strangers
	8	2 Created to Love Others	Unit 4: Keeping Safe	Session 2: My body, my rules	8	2 Created to Love Others	Unit 4: Keeping safe	Session 1: Good and bad secrets
	9	2 Created to Love Others	Unit 4: Keeping Safe	Session 3: Feeling poorly	9	2 Created to Love Others	Unit 4: Keeping safe	Session 2: Physical contact
	10	2 Created to Love Others	Unit 4: Keeping Safe	Session 4: People who help us	10	2 Created to Love Others	Unit 4: Keeping safe	Session 3: Harmful substances
	11				11	2 Created to Love Others	Unit 4: Keeping safe	Session 4: Can you help me? P1
	12				12	2 Created to Love Others	Unit 4: Keeping safe	Session 5: Can you help me? P2
Summer 13 Wks	1	3 Created to Live in Community	Unit 1: Religious Understanding	Session 1: God is love	1	Sheffield Scheme	R15. how to respond safely to adults they don't know	Fa4) When should I say no?
	2	3 Created to Live in Community	Unit 1: Religious Understanding	Session 2: Loving God, loving others	2	Sheffield Scheme	R15. how to respond safely to adults they don't know	Fa5) Who owns my body? I do!
	3	3 Created to Live in Community	Unit 2: Living in the wider world	Session 1: Me, you, us	3	3 Created to Live in Community	Unit 1: Religious Understanding	Session 1: Three in one
	4	3 Created to Live in Community	Unit 2: Living in the wider world	Session 2: When I grow up...	4	3 Created to Live in Community	Unit 1: Religious Understanding	Session 2: Who is my neighbour?
	5	3 Created to Live in Community	Unit 2: Living in the wider world	Session 3: Money doesn't grow on trees	5	3 Created to Live in Community	Unit 2: Living in the wider world	Session 1: The communities we live in
	6				6	3 Created to Live in Community	Unit 2: Living in the wider world	Session 2: Who will I be?
	7				7	3 Created to Live in Community	Unit 2: Living in the wider world	Session 3: Needs and wants
	8				8	Sheffield Scheme	L13. that money needs to be looked after; different ways of doing this	C4) How do I save up to buy something?
	9				9	Sheffield Scheme	H27. about preparing to move to a new class/year group	M3) What helps me to be happy?
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Term	Year A (focus Y3)			Year B (focus Y4)			
	Module	Unit	Session	Module	Unit	Session	
Autumn 15 Wks	1	1 Created and Loved by God	Unit 1: Religious Understanding	Session 1: Get up!	1 Created and Loved by God	Unit 1: Religious Understanding	Session 1: Get up!
	2	1 Created and Loved by God	Unit 1: Religious Understanding	Session 2: The Sacraments	1 Created and Loved by God	Unit 1: Religious Understanding	Session 2: The Sacraments
	3	2 Created to Love Others	Unit 1: Religious Understanding	Session 1: Jesus, my friend	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 1: What am I feeling?
	4	Sheffield Scheme	H24. problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools	M1) How do I manage my feelings?	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 2: What am I looking at?
	5	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 1: We don't have to be the Same (Y4 only REPEAT)	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 3: I am Thankful
	6	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 2 Respecting our bodies (Y4 only REPEAT)	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 1: We don't have to be the Same (Y4 only REPEAT)
	7	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 3 What is puberty? (Y4 only REPEAT)	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 2 Respecting our bodies (Y4 only REPEAT)
	8	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 4 Changing Bodies (Y4 only REPEAT)	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 3 What is puberty? (Y4 only REPEAT)
	9	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 5: Male / Female Discussion groups (Y4 only REPEAT)	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 4 Changing Bodies (Y4 only REPEAT)
	10				1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 5: Male / Female Discussion groups (Y4 only REPEAT)
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Spring 12 Wks	1	2 Created to Love Others	Unit 2: Personal Relationships	Session 1: Family, friends and others	1 Created and Loved by God	Unit 4: Life Cycles	Session 1: Life cycles
	2	2 Created to Love Others	Unit 2: Personal Relationships	Session 2: When things feel bad	1 Created and Loved by God	Unit 4: Life Cycles	Session 2: A time for everything
	3	2 Created to Love Others	Unit 3: Life Online	Session 1: Sharing online	1 Created and Loved by God	Unit 4: Life Cycles	Session 3: Big changes, little changes
	4	2 Created to Love Others	Unit 3: Life Online	Session 2: Chatting online	Sheffield Scheme	L14. about how information on the internet is ranked, selected and targeted at specific individuals and groups; that connected devices can share information	Os4) Personal Information
	5	2 Created to Love Others	Unit 4: Keeping Safe	Session 1: Safe in my body	Sheffield Scheme	L14. about how information on the internet is ranked, selected and targeted at specific individuals and groups; that connected devices can share information	Os5) Digital Media
	6	2 Created to Love Others	Unit 4: Keeping Safe	Session 2: Drugs, alcohol and tobacco	Sheffield Scheme	L14. about how information on the internet is ranked, selected and targeted at specific individuals and groups; that connected devices can share information	Os6) Verifying content
	7	2 Created to Love Others	Unit 4: Keeping Safe	Session 3: First aid heroes	Sheffield Scheme	H26. that for some people gender identity does not correspond with their biological sex	Fr2) Are all friends the same?
	8	2 Created to Love Others	Unit 4: Keeping Safe	Session 4: Rights and responsibilities	Sheffield Scheme	R21. about discrimination: what it means and how to challenge it	Fa2) Are all families like mine?
	9	Sheffield Scheme	H23/ Bereavement H24. problem-solving strategies for dealing with emotions, challenges and change,	M2) Are we happy all the time? (Bereavement)			
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Summer 13 Wks	1	3 Created to Live in Community	Unit 1: Religious Understanding	Session 1: A community of love	3 Created to Live in Community	Unit 1: Religious Understanding	Session 1: A community of love
	2	3 Created to Live in Community	Unit 1: Religious Understanding	Session 2: What is the Church?	3 Created to Live in Community	Unit 1: Religious Understanding	Session 2: What is the Church?
	3	3 Created to Live in Community	Unit 2: Living in the wider world	Session 1: How do I love others?	3 Created to Live in Community	Unit 2: Living in the wider world	Session 1: How do I love others?
	4	3 Created to Live in Community	Unit 2: Living in the wider world	Session 2: Working together	3 Created to Live in Community	Unit 2: Living in the wider world	Session 3: Money matters
	5	Sheffield Scheme	L1. to recognise reasons for rules and laws; consequences of not adhering to rules and laws	C1) How do we make the world fair?			
	6	Sheffield Scheme	L2. to recognise there are human rights, that are there to protect everyone	C3) How can we help the people around us?			
	7	Sheffield Scheme	H36. strategies to manage transitions between classes and key stages R2. that people may be attracted to someone emotionally, romantically and sexually	C2) Where do you feel like you belong?			
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Term	Year A (focus Y6)			Year B (focus Y5)			
	Module	Unit	Session	Module	Unit	Session	
Autumn 15 Wks	1	Sheffield Scheme	H24. problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools	M1) Does everybody have the same feelings?	2 Created to Love Others	Unit 1: Religious Understanding	Session 1: God Calling You?
	2	Sheffield Scheme	H24. problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools	M2) Should we be happy all the time?	2 Created to Love Others	Unit 2: Personal Relationships	Session 1: Under Pressure
	3	Sheffield Scheme	H24. problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools	M3) Why do we argue?	2 Created to Love Others	Unit 2: Personal Relationships	Session 2: Do You Want a Piece of Cake?
	4	Sheffield Scheme	H24. problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools	M4) Who am I?	2 Created to Love Others	Unit 2: Personal Relationships	Session 3: Self-Talk
	5	Sheffield Scheme	R7. to recognise and respect that there are different types of family structure (including single parents, same-sex parents, step-parents, blended families, foster parents); that families of all types can give family members love, security and stability	Fr5) What are stereotypes?	2 Created to Love Others	Unit 2: Personal Relationships	Session 4: Build others up
	6	Sheffield Scheme	H25. about personal identity: what contributes to who we are (e.g. ethnicity, family, gender, faith, culture, hobbies, likes/dislikes)	Fr6) How do I accept my friends for who they are?	Sheffield Scheme	R3. about marriage and civil partnership as a legal declaration of commitment made by two adults who love and care for each other, which is intended to be lifelong	Fa1) Why do some people get married?
	7	Sheffield Scheme	R32. about respecting the differences and similarities between people and recognising what they have in common with others e.g. physically, in personality or background	C1) What is prejudice?	Sheffield Scheme	R9. how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice	Fa2) Are families ever perfect?
	8	Sheffield Scheme	R32. about respecting the differences and similarities between people and recognising what they have in common with others e.g. physically, in personality or background	C2) What is the history of prejudice?	Sheffield Scheme	R7. to recognise and respect that there are different types of family structure (including single parents, same-sex parents, step-parents, blended families, foster parents); that families of all types can give family members love, security and stability	Fa3) Is there such a thing as a normal family?
	9	Sheffield Scheme	R21. about discrimination: what it means and how to challenge it	C3) What should I do if I encounter prejudice?	2 Created to Love Others	Unit 3: Life Online	Session 1: Sharing Isn't Always Caring
	10	Sheffield Scheme			2 Created to Love Others	Unit 3: Life Online	Session 2: Cyberbullying
	11	Sheffield Scheme	L14. about how information on the internet is ranked, selected and targeted at specific individuals and groups; that connected devices can share information	Os5) Analysing Digital Media	2 Created to Love Others	Unit 4: Keeping Safe	Session 1: Types of Abuse
	12	Sheffield Scheme	L16. about how text and images in the media and on social media can be manipulated or invented; strategies to evaluate the reliability of sources and identify misinformation	Os6) Bias	2 Created to Love Others	Unit 4: Keeping Safe	Session 2: Impacted Lifestyles
	13	Sheffield Scheme	L11. recognise ways in which the internet and social media can be used both positively and negatively	Os7) Echo Chambers	2 Created to Love Others	Unit 4: Keeping Safe	Session 3: Making Good Choices
	14	Sheffield Scheme	H13. about the benefits of the internet; the importance of balancing time online with other activities; strategies for managing time online	Os8) Does the internet make us happy?	2 Created to Love Others	Unit 4: Keeping Safe	Session 4: Giving Assistance
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Spring 12 Wks	1	1 Created and Loved by God	Unit 1: Religious Understanding	Session 1: Calming the Storm	Sheffield Scheme	H30. to identify the external genitalia and internal reproductive organs in males and females and how the process of puberty relates to human reproduction	G1) How will my body change as I get older?
	2	1 Created and Loved by God	Unit 1: Religious Understanding	Session 2: Gifts and Talents	Sheffield Scheme	H30. to identify the external genitalia and internal reproductive organs in males and females and how the process of puberty relates to human reproduction	G2) How will my feelings change as I get older?
	3	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 1: Girls' Bodies	Sheffield Scheme	H30. to identify the external genitalia and internal reproductive organs in males and females and how the process of puberty relates to human reproduction	G3) How do I stay clean as I get older?
	4	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 2: Boys' Bodies	Sheffield Scheme	H26. that for some people gender identity does not correspond with their biological sex	Fr6) How can I accept my friends for who they are?
	5	1 Created and Loved by God	Unit 2: Me, My Body, My Health	Session 3: Spots and Sleep	Sheffield Scheme	R21. about discrimination: what it means and how to challenge it	Fr5) What are stereotypes?
	6	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 1: Body Image	Sheffield Scheme	L3. about the relationship between rights and responsibilities	C4) How can I be a great citizen?
	7	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 2: Funny Feelings	Sheffield Scheme	L2. to recognise there are human rights, that are there to protect everyone	C6) What makes us feel like we belong?
	8	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 3: Emotional Changes	Sheffield Scheme	L6. about the different groups that make up their community; what living in a community means	C7) What does it mean to be British?
	9	1 Created and Loved by God	Unit 3: Emotional Wellbeing	Session 4: Seeing Stuff Online			
	10	1 Created and Loved by God	Unit 4: Life Cycles	Session 1: Making Babies (Part 1)			
	11	1 Created and Loved by God	Unit 4: Life Cycles	Session 2: Making Babies (Part 2)			
	12	1 Created and Loved by God	Unit 4: Life Cycles	Session 3: Menstruation			
	1 Created and Loved by God	Unit 4: Life Cycles	Session 4: Hope beyond death				
	1 Created and Loved by God	Unit 4: Life Cycles	Session 5: Coping with change				
Summer 13 Wks	1	3 Created to Live in Community	Unit 1: Created to Live in the Community	Session 1: The Holy Trinity	3 Created to Live in Community	Unit 1: Created to Live in the Community	Session 1: The Holy Trinity
	2	3 Created to Live in Community	Unit 1: Created to Live in the Community	Session 2: Catholic Social Teaching	3 Created to Live in Community	Unit 1: Created to Live in the Community	Session 2: Catholic Social Teaching
	3	3 Created to Live in Community	Unit 2: Living in the Wider World	Session 1: Reaching Out	3 Created to Live in Community	Unit 2: Living in the Wider World	Session 1: Reaching Out
	4	3 Created to Live in Community	Unit 2: Living in the Wider World	Session 3: Money and me	3 Created to Live in Community	Unit 2: Living in the Wider World	Session 2: The world of work
	5	Sheffield Scheme	H4. how to recognise that habits can have both positive and negative effects on a healthy lifestyle	P4) Why do some people take drugs?	Sheffield Scheme	L18. to recognise that people have different attitudes towards saving and spending money; what influences people's decisions; what makes something 'good value for money'	C5a) Why is money important?
	6	Sheffield Scheme	H41. strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety; safe use of digital devices when out and about	P6) How do I save a life?	Sheffield Scheme	L20. to recognise that people make spending decisions based on priorities, needs and wants	C5b) How should I spend my money?
	7				Sheffield Scheme	L26. that there is a broad range of different jobs/careers that people can have; that people often have more than one career/type of job during their life	C5c) How can I earn money?
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